

IDIOPATHIC INTRACRANIAL HYPERTENSION

PRIORITY SETTING PARTNERSHIP

Top 10 Priorities for IIH Research

1 ADDRESSING THE CAUSES, SYMPTOMS AND PROGRESSION

In the individual with IIH; what causes the disease, the symptoms and the progression of the disease?

2 BIOLOGICAL MECHANISMS OF HEADACHE

What are the biological mechanisms of headache in IIH and why in some do headaches continue even after papilloedema has resolved?

3 SAFE TREATMENTS

Can new therapies for IIH be developed which are effective, safe, and tolerable and potentially help with weight loss as well as reducing brain pressure?

4 PREDICTING VISUAL LOSS

What is the biological explanation for the differences between rapid visual loss compared with gradual visual loss in IIH and how can this be predicted?

5 MONITORING VISUAL FUNCTION

What are the best ways to monitor visual function?

6 IIH BIOMARKERS

Can IIH biomarkers (tests in body fluids for example urine, saliva, blood, or brain scans) help diagnosis, predict the risk and guide therapy decisions in IIH?

7 HORMONES

What are the hormonal causes for IIH and why is IIH primarily associated with female sex?

8 SAFE AND EFFECTIVE MEDICATIONS

What medications are effective and safe to treat IIH headaches?

9 WEIGHT LOSS

With regard to weight loss in IIH: how much is needed to treat IIH and how quickly does it work? What is the best, safest and most acceptable method to achieve this in the short and long term? Additionally, does the initial Body Mass Index (BMI) of the patient have an effect?

10 BEST TYPE OF INTERVENTION

Which is the best type of intervention to treat IIH and when should surgery be performed?