

Education and IIH

All children should be encouraged to attend school when well enough to do so. Many parents tell us that their children with IIH report problems with sleep and some are affected by sleep reversal. With tiredness and lack of sleep, some children with IIH find it difficult to function in the morning - discuss this with your child's school. Sometimes your child may be too ill to attend school. If this is the case your child's school has an obligation to find an alternative way to provide support to make sure their education does not suffer. Your child's head teacher can tell you what medical support is available at your child's school.

Please visit the dedicated page for parents on our website for more information.

www.iih.org.uk/iih-children

Become a Member of IIH UK.



IIH UK is solely funded by fundraising, donations and membership fees, with fees starting at just £10 per year for

family membership, your membership really can make a difference. Membership can be Purchased at:

www.iihukshop.moonfruit.com

Visit our website today!
www.iih.org.uk

Our website features links to:

- [Current research](#)
- [Education leaflet for schools](#)
- [IIH Support UK Fb group](#)
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- [UK wide regional groups](#)
- [Young Sibs](#)

Visit our online shop for IIH Awareness merchandise.

Read and download medically verified leaflets about IIH for friends and family, IIH symptoms, treatments and much more.

Why not visit our fundraising page for ideas and organize your own fundraiser?

 www.facebook.com/IIHUKCharity

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This leaflet is provided to assist people with IIH and those who care for them to understand their condition, and not to offer medical advice. Always consult your doctor regarding treatment and medical advice. IIH UK does not endorse nor recommends any products or treatments mentioned in the leaflet.

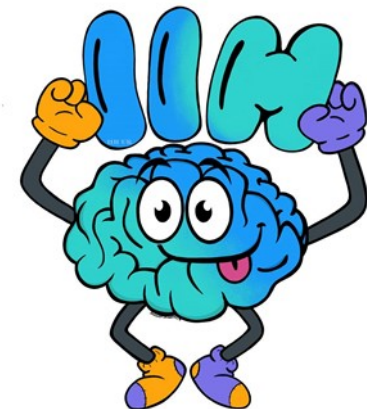


Working to Relieve the Pressure!

Paediatric IIH – Information for young children and their parents.

We can help by offering;

- Contact with other people with IIH
- Information
- Non Medical Advice
- Support



National Charity 1143522
Scotland SCO43294

What is IIH?

Idiopathic Intracranial Hypertension, or IIH for short, is when the pressure in a person's brain is too high and the doctors don't know why.

- Idiopathic means no one knows what is causing it
- Intracranial means inside the skull
- Hypertension means pressure

Children with IIH may have a bad headache and they might feel dizzy, tired, and sick.

They may have problems with their eyes and it can make their vision blurry and they may see blobs and squiggly lines.

If the pressure is really high it can cause blindness. This is why it is important to have regular eye checks.

Children with IIH can look ok and it can be difficult for everyone in the family to understand how they are feeling. They may feel fed up or worried. They might have to do things more slowly than other children. They may not be able to run around and play.

Treatments for IIH

Sometimes IIH can go away all by itself.

Some children with IIH have medicine to keep the pressure down.

Children with IIH will see a special eye doctor called an ophthalmologist to make sure their eyes stay healthy.

Children with IIH sometimes have a shunt to keep the pressure down. This is a very thin tube which drains fluid from around the brain.

Children with IIH will have tests to find out more about the pressure.

One test is a lumbar puncture. Doctors put a needle into the bottom of the person's back to see what the pressure is.

Another test is when doctors put a little wire into the person's head. The wire stays in their head for a day or two and a machine tells the doctors what the pressure is.

This sounds scary but the children will be asleep when this is put in so they won't feel any pain.



Information for parents

Hearing that your child has been diagnosed with Idiopathic Intracranial Hypertension (IIH) can be a worrying time for parents.

IIH is a rare neurological condition and it is estimated that less than 60 children are diagnosed with the condition each year in the UK.

It is thought that the total number of children with IIH in the UK is in excess of 800.

There is no difference in the rate of IIH by gender in children but 50% of female children seen in 2011 were obese.

Some children are too young to report their symptoms adequately and some present with many nonspecific symptoms such as mood swings.

Although many children have similar symptoms, each child is an individual and should be treated accordingly.

IIH UK can help you get in-touch with other parents.

Please email info@iih.org.uk for further details.